

N	U	B	N	O	I	T	I	D	U	A
O	L	O	S	G	Y	A	R	U	D	P
I	A	K	M	G	D	J	E	T	N	O
T	S	N	R	O	A	E	H	U	O	R
I	W	E	K	T	N	T	E	T	F	T
T	N	R	O	L	C	E	A	I	E	D
E	S	T	A	G	E	R	R	A	B	E
P	L	I	E	S	L	A	S	K	O	B
M	H	R	L	E	O	T	A	R	D	R
O	V	A	T	I	O	N	L	H	P	A
C	E	U	Q	S	E	B	A	R	A	S

REHEARSAL

DANCE

OVATION

BARRE*

STAGE

ANKLE

COMPETITION

ENERGY

PLIES*

AUDITION

LEOTARD

FONDU*

PORT DE BRAS*

TUTU

BUN

ARABESQUE*

SOLO

JETE*

*Technical Ballet Terms:

Barre: a handrail placed at hip height, used to maintain balance during practice.

Port De Bras: the technique of moving the arms properly.

Arabesque: a pose in which the dancer stands on one leg with the arms extended in front and the other leg and arm extended behind.

Plies: a movement in which the knees are bent while the back is held straight.

Fondu: a slow lowering of the body by bending the supporting leg.

Jete: A jump forward, backward, or to the side, from one foot to the other.