

July 2020 DancEd Guidelines for In Person Classes

We're super excited to begin welcoming dancers back into our studio! Please see our updated policies and procedures that are listed below. These procedures are in line with the IDPH and the Task Force on Dancer Health. As you know the situation and guidelines are constantly changing so what is put in practice now may change overtime.

Students will arrive and be admitted to DancEd at a specific door based on the classroom they will be dancing in. *The attached schedule has rooms listed by day and based on your dancer's room assignment you can look below for what door to take your dancer to. Dancers will enter the studio one at a time, and parents and students must respect social distancing guidelines while waiting outside the studio. **We ask that parents of dancers ages 8 and younger wait outside with their dancer or wait in your car until you see your teacher by the assigned DancEd door waving her hand.***

Room 1- Use the door by the main DancEd entrance (3131 Dundee Rd).

Room 2- Use the door *behind* DancEd (you will drive around to the back of the strip mall by Browns Chicken and go to the brown colored door marked 3131. There will also be a sign by the door!)

Room 3- Use the door by the Jump'n Jive entrance (3133 Dundee Rd).

When it is your dancers turn to enter the building, your dancer will be asked a series of questions (In the last 24 hours have you had a sore throat, trouble breathing or a new cough. Has anyone in your household or in close contact been diagnosed with Covid 19 in the past 2 weeks?) and their temperature will be taken. If they answer no to all questions and their temperature is less than 100.4, they will be admitted into the building. Once inside they will sanitize their hands in front of a DancEd staff member. Parents must wait outside or in their cars during class. Older dancers may be dropped off, but parents need to be on time to pick them up to limit the number of people that dancers are in contact with. Parents may NOT park or leave their cars running in the Fire Lane. All parents need to park their car and walk their dancer to the correct studio door.

Please make sure all dance wear is clean and has not been worn anywhere else since last washed (Camp attire is not allowed to be worn to dance class at this time). All dancers should arrive in their dance attire ready to dance. No dancer will be allowed at this time to wear a cover up into the studio.

Dancers must wear a mask to enter and exit the building. A mask is not required by the IDPH while exercising/dancing while 6 feet away from others but they do highly encourage it. *Please let your dancer know if you want them to wear a mask. (As you probably know there has been research done on wearing a mask while exercising. Some of the research says yes wear a mask, other research says you should never wear a mask while engaging in any type of physical activity. Other research says certain people should not wear a mask while exercising. We have looked at numerous websites and spoken with medical professionals and the only thing agreed on is that the research is not clear cut on this topic. We have also spoken with several dance studio owners in other states who have had their studios opened for about a month and all of them said they required a mask the 1st week and then quickly realized that the kids touched their face more when the mask was on. Therefore, DancEd is leaving wearing a mask during class at the discretion of each parent. Dancers policy will be to keep dancers 6 feet away from each other and the teacher during class. *If you are not comfortable with this policy, then please keep live streaming class.*)*

Dancers will be required to hand sanitize anytime they touch their face during class. **Each dancer needs to enter DancEd with a Ziploc type bag that contains dance shoes (if a class where two types of shoes are needed), a few tissues, a small bottle of hand sanitizer and a water bottle.** Please put your dancer's name on the Ziploc bag. This way parents can wipe down the bag before and after class. **NO DANCE BAGS** or

any other items will be allowed inside. Dancers need to come with their hair in a ponytail or bun (ballet dancers need a bun). DancEd will not be handing out ponytail holders or putting dancer's hair up.

Drinking fountains are not available, and we will be encouraging dancers to use the restroom before and after class at home, so they do not have to go while at studio.

The dance floors are marked with squares that are at least 6 feet by 6 feet with an X in each square. Each dancer will receive their own square and will remain in the square for the entire class period. The studio will be cleaned between each group of dancers and frequently touched surfaces will be wiped down with sanitizer. Dancers will not be using shared props at this time.

We will keep attendance records as usual to be able to provide contact tracing information if needed. If a dancer does fall ill while at DancEd, she will be immediately isolated in a separate room and a parent will be called. DancEd will notify any parents via email if a student was exposed to Covid -19. If a Covid-19 exposure would occur at the dance studio, we would be forced to close the studio for sanitation, follow appropriate self-quarantine protocols, and resume live streaming classes until such a time that it would be safe to return.

Hands will again be sanitized at the end of class and we will dismiss one at a time from the same door the dancer entered the building. **PLEASE BE PROMPT with both leaving and picking up your dancer so we may complete the cleaning procedures and keep traffic to a minimum.**

Dancers should leave nothing behind as we are not able to have a lost and found at this time.

While we will do our best to provide the safest environment possible and minimize the risks, there is an inherent risk of exposure to Covid-19 in any public place where people are present. By attending classes, camps or rehearsals, you voluntarily assume all risks related to exposure to Covid-19. The IDPH says the best practice is to continue to stay at home, so we will continue to offer livestreaming as an option for everyone even as we are working to reopen.

Important things to keep in mind:

1. *Waiting areas will be closed. Parents and siblings must wait in cars as they will not be allowed to enter the building during class.* Parents of dancers under the age of 8 are encouraged to remain onsite in case their dancer has any separation issues.
2. *We ask and encourage parents to conduct their own health assessment of their dancer prior to bringing them to the studio.* This includes taking temperature and discussing all Covid-19 symptoms. This will alleviate any dancer from being turned away at the door.
3. *Dancers need to wait in their car until they see their teacher walk outside.* At that time dancer and parent may approach (with mask on) and social distance from other dancers and parents. (Marks on cement)
4. *Dancers will have to wear their mask if they need to go to the bathroom (it's best to go at home!).*
5. *We will enforce a no contact policy between dancers at any time, and dancers must maintain social distancing during class.* ANY DANCER WHO CANNOT FOLLOW THE SOCIAL DISTANCE GUIDLEINES WILL BE ASKED TO LEAVE THE STUDIO AND CONTINUE TAKING CLASS ONLINE FOR THE SAFETY OF ALL DANCERS!
6. *Dancers who have a break between classes must exit the building.* They will need to wait outside and maintain social distance or they can wait in their car with a parent. DancEd will not be supervising any dancer waiting outside.
7. *Dancers will not use cubby holes, dressing rooms or snack area as those are closed until further notice. Dancers will place their Ziploc Baggie in their square.*

8. *DancEd is encouraging dancers NOT to bring cell phones to the studio.* If parents feel the need to have their dancer bring a cell phone, cell phone needs to be turned off and placed in the plastic bag dancers are bringing. Dancers WILL NOT be allowed to touch their phones or take them out of the plastic bag during class. DancEd recommends that phones be placed in a small tightly sealed plastic bag so that the hand sanitizer and/or water bottle does not damage the phone. DancEd takes no responsibility for phones that are damaged during dance class.
9. *Classes can only be made up via livestreaming at this time.* Dancers will not be admitted into studio unless they are registered in the class. Please email dance@DancEd.com and we will happily send you a Zoom link to any class you would like to make up in!
10. *Dancers must be on time to class and leave at the end of class.* Dancers cannot arrive late or leave early as there will be no one to get them into or out of the building safely.

Thank you for your continued patience, understanding and support! Please remember all of these changes are new for EVERYONE including DancEd teachers and staff. We appreciate everyone's commitment to safety and look forward to seeing you in class! We have made this helpful checklist below

DancEd Dancer Checklist before leaving home:

- _____ Dancer is dressed for dance class in clean dance clothes that have not been worn any place else.
 - _____ Dancer has a Ziploc plastic bag with her/his name on it. Inside the Ziploc bag is hand sanitizer, tissues and a water bottle. Dancers in tap/ballet or tap/jazz class may also have 2nd pair of dance shoes in the bag.
 - _____ Dancer has hair in ponytail or bun. Dancers will be hot if they do not put hair up.
 - _____ Parent has taken dancers temperature and asked dancer about health.
 - _____ Parent has made sure that no one in the house the dancer lives in is sick. Parent also makes sure that the dancer has not come in contact with anyone having Covid 19 in the last 14 days.
 - _____ Dancer has used the bathroom and washed hands for at least 20 seconds right before leaving for studio.
 - _____ Dancer must be on time to class as no one arriving late will be admitted.
 - _____ Remind dancer to cough or sneeze in her elbow with her mouth completely covered by it.
 - _____ Dancers must wear dance shoes with soles fully covered. Modern & Lyrical will wear jazz or ballet shoes.
- Dancers may put their mask on a mask lanyard if they choose if parents feel that is an easier way to help the dancer put her/his mask on and off.